

MY NAME IS. . .BINGO

*Karen McKeon, CTRS, Annandale Adult Day
Health Care Center, Annandale, VA*

RATIONALE: This game was created for participants with cognitive impairments to remember their names and the names of the other people and to have fun.

MATERIALS:

- Bingo Sheets* (one for each participant)
- Alphabet Letter Pages* (pages have five squares for each letter of the alphabet and some miscellaneous squares)
- Scissors
- Bowl for the Letters
- Black Markers
- Bingo Chips

***Editor's Note:** *To print the Bingo Sheets (on legal-size paper) and Alphabet Letter Pages, visit our website: www.creativeforecasting.com and click on the Frequent Requests banner, then My Name Is. . .Bingo. Below is a picture of a Bingo Sheet.*

OBJECT OF THE GAME: The object of the game is to be the first person to cover all of the letters of his or her name and call out his or her name (instead of calling bingo).

PREPARATION: Cut the letters apart on the Alphabet Letter Pages. Put them in a bowl and mix them up.

RULES OF THE GAME: Give each person a Bingo Sheet with blank boxes. Ask the participants to write their first names with black markers in the top set of boxes (one letter per box) and their last names in the bottom set of boxes. Staff can assist, as needed. The caller draws one letter out at a time and announces it. Participants place a bingo chip on one of the appropriate letters. If their names have more than one A, the participants choose where to place the chip. The caller continues to draw and announce letters until someone has all of his or her letters covered and calls out his or her name (instead of bingo).

GAME VARIATIONS

*Use only one set of the alphabet instead of five sets of each letter. For example, if A is called, the participants can place chips on all the As in their names.

*The first person to cover his or her first name wins and calls out his or her name.

*After participants write their names on their bingo sheets, the sheets can be traded so participants are playing with cards of other people. When the letters are covered on a person's sheet, he or she calls out that person's name.

* Crayons or colored pencils can be used in place of bingo chips to mark the letters.

*Questions from a trivia book can be asked and whatever letter the answer begins with is the next letter called. For example, if the answer to the trivia question is SNOW, the letter called is an S.

Karen has worked at the Annandale Adult Day Health Care Center since 2005. She has worked with varied populations including developmentally disabled individuals, people with addictions, and seniors. She received her bachelor of science degree from the State University of New York at Brockport.